## Sarah Hirsch

sarahghirsch@gmail.com www.sghirsch.com

Mindful Seeing: Life Drawing Materials List

- a drawing sketchbook (any medium weight paper will do, but if you have a preference for working with ink, something with thicker pages might be helpful to minimize the bleed through). 11"x14" or so is great, or bigger!
- Pencils and pens and markers, oh my! Don't break the bank on this one, but please bring a variety of what you have at home: roller ball pens, gel pens, markers, graphite, charcoal or nice heavy drafting pencils, erasers etc.